Board & Train

At Rooted Canine Collective, training is about far more than teaching commands. It's about developing clear communication, building confidence, and educating owners so you and your dog have the freedom to experience more of life together.

Unlike traditional board and train programs, your dog won't spend their stay in a kennel facility. They'll live in my home as one of my own dogs, becoming part of my daily routine while receiving personalized training that extends far beyond a typical 8-to-5 schedule. I intentionally accept only one board and train dog at a time, ensuring your dog receives my complete focus, individualized care, and countless one-on-one learning opportunities throughout the day. This home environment allows us to address the real-life challenges you experience at home while building habits that naturally carry over into your everyday life.

Throughout the program, your dog will experience a thoughtful balance of structured training, enrichment, adventure, and rest. Every day is designed to build confidence, strengthen communication, and create lasting habits. By incorporating your dog into my everyday life, I can provide countless learning opportunities in real-world situations that simply aren't possible in a traditional training facility.

Every training program is completely individualized. Before your dog's stay, we'll discuss your goals, concerns, and lifestyle. While your dog is with me, I'll work through the behaviors you see at home, address any additional issues I observe, and advance their training as far as their progress and program length allow.

Whether we're training at home, exploring trails during Adventure Days, visiting dog-friendly businesses, or practicing in public spaces, every experience becomes an opportunity to reinforce neutral behavior, confidence, thoughtful decision-making, and reliable obedience in the real world.

Daily Living Skills

- Living in my home alongside my personal dogs
- Individualized daily training sessions
- Household manners and routines
- Crate and kennel training
- Structured enrichment and decompression
- Confidence-building through new experiences

Real-World Training

- Public outings with real-world distractions
- Exposure to a variety of unique environments
- Adventure Days, including hiking, nature trails, parks, and everyday outings
- Social neutrality around people and dogs
- Off-leash reliability (when appropriate)

Obedience Skills

- Loose leash walking
- Relaxed heeling
- Reliable recall on and off leash
- Sit, down, place
- Stay & wait
- Doorway and threshold manners
- Polite greetings
- Impulse control
- Drop it & leave it

Training is customized to your dog's individual needs and may include addressing behaviors such as:

- Jumping on people, counter, doors and windows
- Digging in the yard or kennel
- Excessive barking
- Dragging on leash
- Chewing on things in the house
- Getting on furniture
- Not being able to settle
- Poor impulse control
- Overexcitement
- Confidence building for timid dogs
- And many other everyday challenges

Going Home

The most important part of training begins when your dog comes home.

While every dog progresses at their own pace, our recommended program is four weeks. This allows enough time to build consistent habits, expose your dog to a wide variety of real-world situations, and make the transition home much easier for you.

We understand that four weeks is a significant investment, which is why we also offer two and three week programs. However, shorter programs require a greater commitment from you at home to maintain the work that has been put in. If your schedule is busy, your dog has more significant behavioral challenges, or your goal is dependable off-leash reliability and the confidence to take your dog almost anywhere, the four-week program provides the strongest foundation and the best long-term results.

Your program concludes with a comprehensive go-home lesson where you'll learn exactly how to maintain everything your dog has accomplished. You'll also receive personalized coaching and ongoing support because my goal isn't simply to train your dog—it's to give you the knowledge and confidence to continue growing together long after the program ends.

At Rooted Canine Collective, we're not just creating well-trained dogs—we're helping dogs and their people build the confidence, understanding, and freedom to experience more of life together.

Nutrition Support

We believe lasting results come from looking at the whole dog—not just their behavior. Nutrition is one of the biggest factors influencing a dog's overall health, mindset, and ability to learn.

The food your dog eats affects far more than their weight; it supports healthy brain function, balanced energy, emotional regulation, muscle recovery, digestive health, and a strong immune system.

These factors all play an important role in your dog's ability to focus, learn, and retain new behaviors. By supporting your dog's body from the inside out, we can improve their training experience while helping them live a healthier, happier, and more fulfilling life.

Many owners want to improve their dog's nutrition but feel overwhelmed by the endless options or are nervous about changing foods or supplements. During your dog's stay, we'll evaluate your dog's current diet, discuss your goals, and, if appropriate, transition them to products that better support their health and lifestyle while they are with us.

If we believe a change in your dog’s diet is necessary, we will consult with our Certified Pet Nutritionist to put together a customized nutrition plan for your dog.

Exclusive Client Benefits

- 10% off your first food or supplement purchase from Rooted.
- Priority access to Adventure Days after completing your training program.
- Eligibility for in-home boarding with me, giving your dog a familiar, low-stress place to stay when you're away.*
- Training will be maintained and refreshed during your dog’s boarding.
- Lifetime training support for questions that come up after your program.
- Priority scheduling for future private lessons or refresher sessions.
- Access to exclusive client events such as group hikes, pack walks, training workshops, or community outings.

*Boarding eligibility is based on your dog's temperament, availability, and continued training.

Choosing the Right Program

Every training program is customized to fit owner's individual needs.

While all of our programs are personalized, additional time allows us to build stronger habits, introduce more advanced skills, and practice in a wider variety of real-world situations. Longer programs create greater reliability and help new behaviors become a more natural part of your dog's everyday life—even during busy moments when training cannot always be the center of attention.

FOUNDATION
2 WEEKS | $4,200
Dogs needing a solid foundation in manners and obedience. Best for owners who are prepared to consistently continue and maintain training at home.

CONFIDENCE
3 WEEKS | $6,300
Dogs needing more time for confidence building, stronger reliability, moderate behavioral concerns, or owners wanting a more polished everyday companion.

FREEDOM
4 WEEKS | $8,400
MOST RECOMMENDED
Best for busy owners, dogs with more significant challenges, owner's who desire off-leash reliability, public outings, Adventure Days, and lasting habits that allow you to confidently experience more of life together.

Choosing the Right Program

PUPPY FOUNDATIONS
2 WEEKS MINIMUM | $4,200
Puppy training is about building confidence, preventing unwanted behaviors before they begin, introducing new experiences safely, and helping your puppy learn how to navigate the world.

REFRESHER BOARD & TRAIN
PROGRAM LENGTH IS CUSTOMIZED TO EACH DOG
$200/day for dogs who have done e-collar training with another trainer.
$150/day for dog who have previously trained with us.

Our refresher program helps maintain skills, reinforce reliability, and keep communication clear and consistent.